

From: <paula_kotzum@juno.com>
To: khamric@oc.fda.gov
Date: Thu, 11 Nov 1999 11:17:08 -0500
Subject: FDA Commissioner Jane E. Henney

5676 '99 NOV 24 P3:4

Dear Ms. Henney,

I am writing to urge you to require labels to disclose how much added sugar a food contains. For the last several years, I have had a health condition requiring me to watch my sugar consumption carefully. Many times, sugar is a hidden ingredient in foods and cannot be readily discerned. I, however, can tell by the way I feel, if a product had sugar that was not labelled..... Since being diagnosed with this condition, I have also found that I have mitral valve prolapse---a condition aggravated by sugar consumption as well,,, I am sure many in the general population would benefit by this change in labelling I have requested as well as the establishment of a "Daily Reference Value" for added sugar of 40 grams (the amount in one 12-ounce soft drink.) Please give this serious consideration.

Sincerely,

Paula J. Kotzum.

99P-2630

C104

123 Old Hickory Rd
Byron, GA 31008



PLEASE MAIL
EARLY FOR
CHRISTMAS



FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, MD 20857

